



Terrier Training Soccer

www.terriertrainingsoccer.com



Overnight camp information Sheet

Session I - Advanced Overnight Camp Saturday July 19th – Wednesday July 23rd, 2008

- This camp is an advanced camp designed for girls entering grades 9-12 interested in training and playing in a competitive environment
- Focus is primarily on the technical and tactical aspects of playing soccer at the collegiate level
- The camp is coached primarily by college coaches, including the Boston University Women's Soccer staff.
- In addition to field player training, the camp program offers specialty goalkeeper training
- Under the direction of professional strength and conditioning coaches, speed and agility training will be included in daily practice for all players
- A certified Athletic Trainer is on the camp site 24/7
- Educational session offerings include video analysis of play, nutrition, mental training and a session with the BU strength coach on specific conditioning for soccer
- Players are housed in **air-conditioned** campus dormitories and are fed in the university dining hall
- Roommate requests will be honored whenever possible
- Tuition is \$575 per overnight camper
- All players attending will receive a Nike camp t-shirt and an evaluation assessment from their camp coach

Session II – Advanced Overnight Team Camp Wednesday July 23rd – Sunday July 27th, 2008

- This camp is an advanced team camp designed for girls entering grades 9-12 that are interested in team training and playing in a competitive environment
- Focus is primarily on the technical functional (positional training) and team tactical aspects of playing soccer at the collegiate level
- The camp is coached primarily by college coaches, including the Boston University Women's Soccer staff
- A certified Athletic Trainer is on the camp site 24/7
- In addition to field player training, the camp program offers specialty goalkeeper training that emphasizes the role of the keeper in team play
- Sign up in team groups of at least 14 players to receive \$25/player discount (tuition is \$575/camper before discount)
- Players are housed in **air-conditioned** campus dormitories and are fed in the university dining hall
- Roommate requests will be honored whenever possible
- Individual signups will be accommodated and individual campers will be put on a team for the camp week
- We will accommodate team training topic ideas from h.s. or club coaches sending their teams to Terrier Training Advanced Team Camp. We would be happy to speak with the coach prior to the group signing up, and to work with the coach to formulate an effective training plan
- Team building sessions as well as educational programming will be provided with the idea of improving both individuals and the team unit
- All players attending will receive a Nike camp t-shirt and an evaluation assessment from their camp coach

OVERNIGHT CAMP REGISTRATION FORM

(to be completed by parent or guardian)



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Medical Treatment Authorization/Release

I hereby authorize the directors and athletic training staff of the Terrier Training Advanced Camp to provide care and medical treatment as necessary to my daughter, _____

In the event that an illness or injury would require more extensive evaluation or treatment, I understand that every reasonable attempt will be made to contact me. However, in the event of an emergency, and if I cannot be reached, I consent for the director of the Terrier Training Advanced Camp to authorize any necessary emergency treatment.

Parent/Guardian Signature

Date

Medical Insurance Co.

Policy number

Group number

I, the undersigned, individually and as a parent and guardian of _____,

a minor, ask that she be admitted as a participant in the Terrier Training Advanced Camp. In consideration of such admission, I do hereby agree to release, discharge, and hold harmless, Boston University and its employees from all causes, liabilities, damages, claims, or demands whatsoever on account of any injury or accident involving the said minor arising out of the minor's attendance at the camp or in the course of competition and/or activities held in connection with the camp.

Parent/Guardian Signature

Date

Please feel free to contact Nancy Feldman at (617) 353-8456 or e-mail at nfeldman@bu.edu if you have any questions concerning the Terrier Training program